

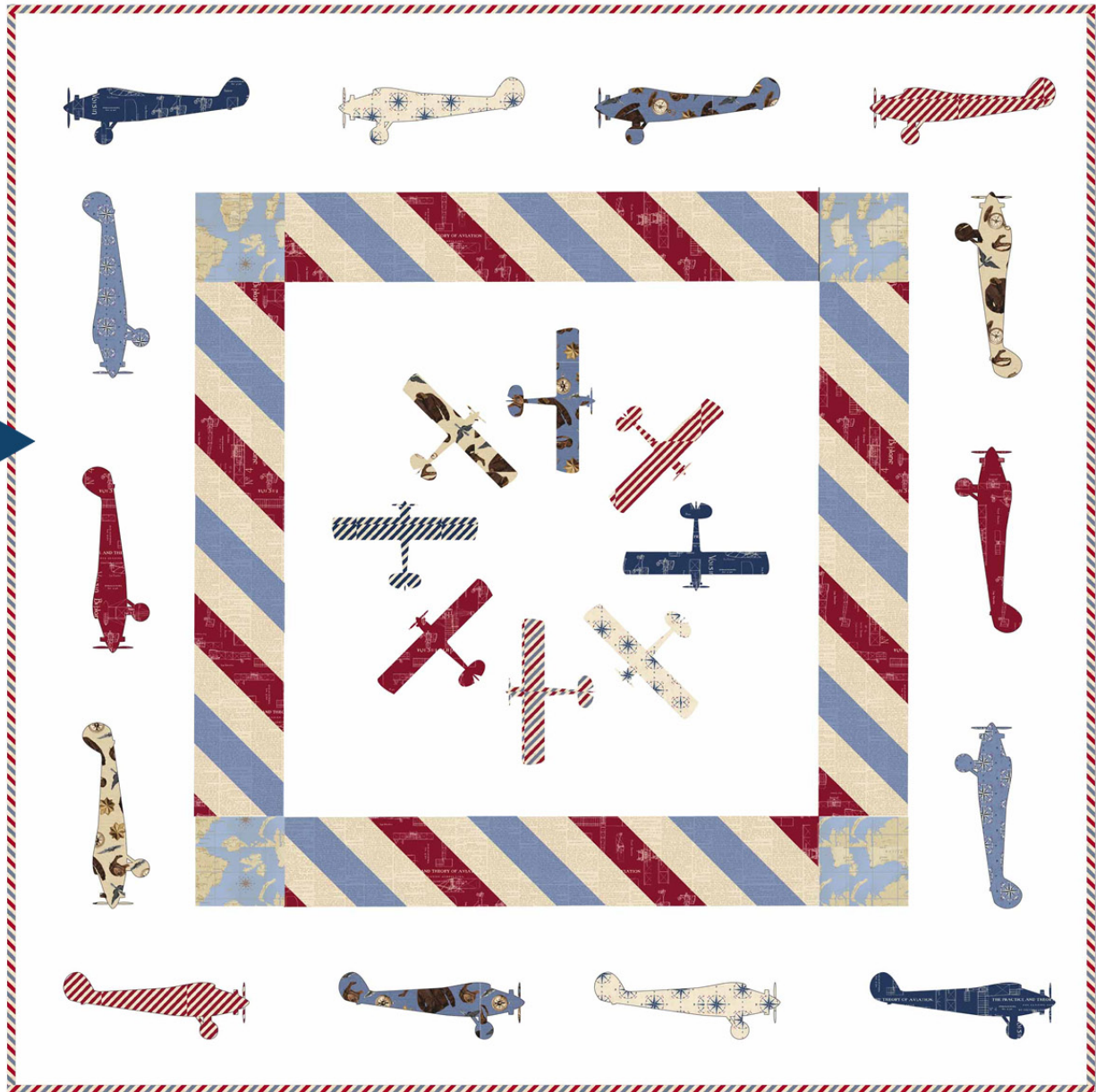
Spirit Medallion

Designed by Casey York

Featuring Theory by Aviation by Whistler Studios

SIZE: 60" x 60"

FREE
PROJECT







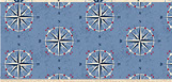







THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.

PLEASE NOTE: BEFORE MAKING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT WINDHAMFABRICS.COM'S FREE PROJECTS SECTION.



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KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		Solid White	2 3/4	Reference cutting diagram below (1) 30-1/2" square (2) 10-1/2" x 40-1/2" rectangles (2) 10-1/2" x 60-1/2" rectangles
B		42095-X Multi	1/4	(4) 5-1/2" squares
C		42096-1 Navy	1/4	(1) Template 1 (1) Template 2 (1) Template 3
D		42096-2 Red	1/2	(16) 2-1/2" x 10-1/2" rectangles (1) Template 1 (2) Template 2
E		42097-3 Cream	1/4	(1) Template 1 (2) Template 2
F		42097-4 Light blue	1/4	(1) Template 1 (1) Template 2 (1) Template 3
G		42098-3 Cream	1/4	(1) Template 1 (1) Template 2 (1) Template 3
H		42098-4 Light blue	1/8	(2) Template 2
J		42099-3 Cream	3/4	(24) 2-1/2" x 10-1/2" rectangles
K		42099-4 Light blue	1/3	(12) 2-1/2" x 10-1/2" rectangles
L		42100-1 Navy	1/4	(1) Template 1
M		42100-2 Red	1/4	(1) Template 1 (1) Template 2 (1) Template 3
N		42100-X Multi	2/3	(1) Template 1 For Binding: (7) 2-1/4" x 42" strips, sew short ends together
		Backing	3-7/8	Subcut (2) 68" x 42" rectangles, sew short ends together and trim to 68" x 68" Batting 68" x 68"



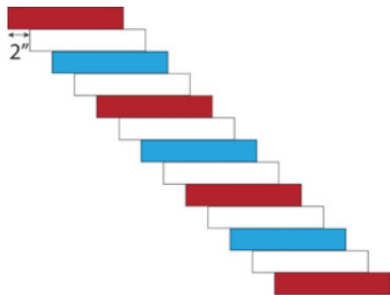
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Piece and trim the striped strips:

1. Stitch the Fabric D, J, and K 10-1/2" x 2-1/2" strips together.... Make (4) pieced strips using (4) Fabric D, (3) Fabric K, and (6) Fabric J strips each.

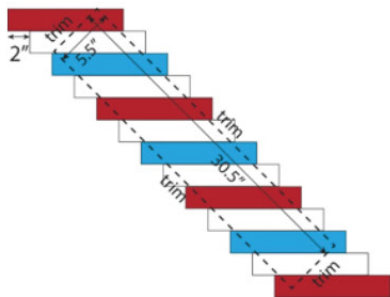
Tip: to ensure that the diagonal stripes line up, it helps to lay out all of the background pieces before stitching them together (see the **Placement Diagram**).

Diagram 1:



2. Trim the resulting strips at a 45 degree angle, as shown in **Diagram 2**, creating (4) strips measuring 5.5" wide by 30.5" long.

Diagram 2:



Make and stitch the appliqués:

3. Print the templates for the Planes 1, 2, and 3. Templates have already been reversed for tracing onto fusible web.

4. Following the manufacturer's instructions, trace the templates onto the paper-backed fusible web. Copy the appropriate fabric letters (such as Fabric C) onto each traced template.

5. Cut out the traced templates, leaving a 1/4" margin around the edges.

6. Following the manufacturer's instructions, fuse the traced templates to the **wrong** side of each appliqué fabric.

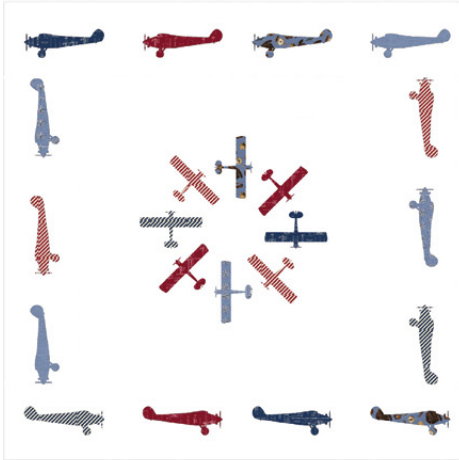
7. Using very sharp scissors to minimize fraying, cut out the fabric shapes along the traced lines.

Following the **Placement Diagram**, place the appliqués on the white solid portions of the pieced



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8. Following the **Placement Diagram**, place the appliqués on the Fabric A portions of the pieced background. Remove the paper backing from the fusible web and pin each appliqué in place as you go.



9. When you're satisfied with your layout, use an iron to permanently fuse the fabric shapes to the Fabric A center square and Fabric A borders, again following the manufacturer's instructions (remember to remove pins before fusing!)

10. Stitch around each shape to secure the background. A zig-zag or machine blanket stitch

Piece the Background:

11. Stitch (2) diagonally striped strips to the top and bottom of the Fabric A 30-1/2" square.

12. Stitch (2) Fabric B 5-1/2" squares to either end of one of the remaining diagonally striped strips; repeat with the other (2) Fabric B 5-1/2" squares and the last striped strip. Stitch these strips to either side of the Fabric A square. Square to 40-1/2".

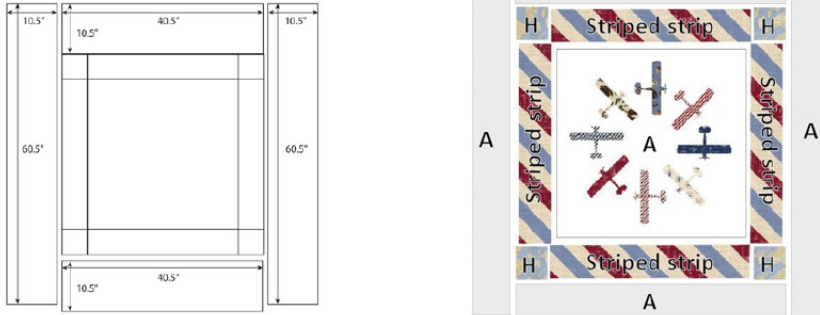
13. Stitch the (2) Fabric A 10-1/2" x 40-1/2" strips to the top and bottom of the quilt center; stitch the (2) Fabric A 10-1/2" x 60-1/2" strips to either side of the quilt center as in Diagram 4.

14. Stitch the (2) 40.5" X 10.5" strips to the top and bottom of the pieced square; stitch the (2) 60.5" X 10.5" strips to either side of the resulting rectangle as in **Diagram 3**.



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Diagram 3:



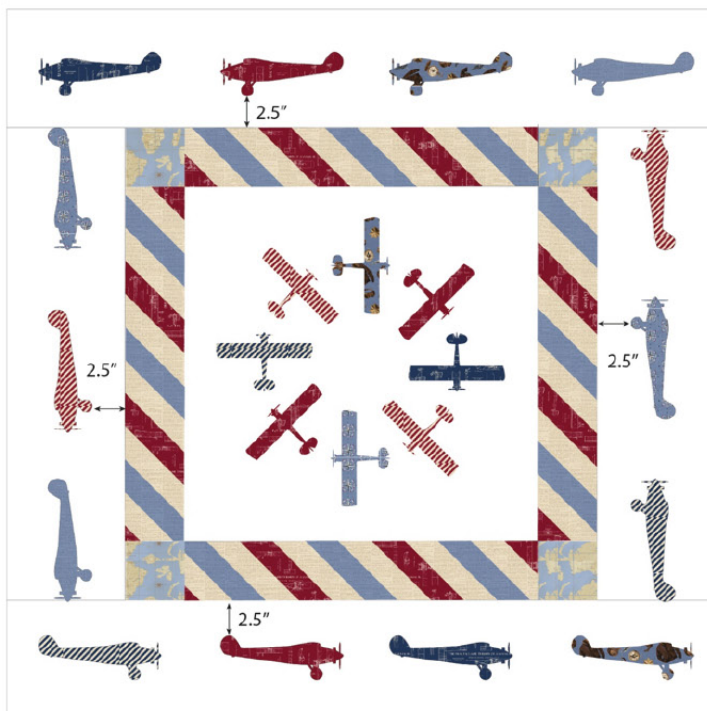
15. When you are satisfied with your layout, use an iron to permanently fuse the fabric shapes to the background, again following the manufacturer's instructions (remember to remove pins before fusing!)

16. Stitch around each shape to secure to background. A zig-zag or machine blanket stitch can be used, using matching thread or invisible thread. A straight stitch can also be used, although this will result in more fraying of the appliqué fabrics along their edges.

Finish the quilt

15. Layer, baste, and quilt as desired. Bind with Fabric N strips using your favorite method.

Placement Diagram:



Template Printing Instructions

-Print using the latest version of Adobe Reader (available for free at www.adobe.com/products/reader.html).

Do Not print from your browser, as this will not give you the full range of scaling options.

-Print full size: in print dialog box, set printer options to "**Do not scale**" or "**Actual Size.**"

-Refer to the grey one inch box to ensure printing at correct size

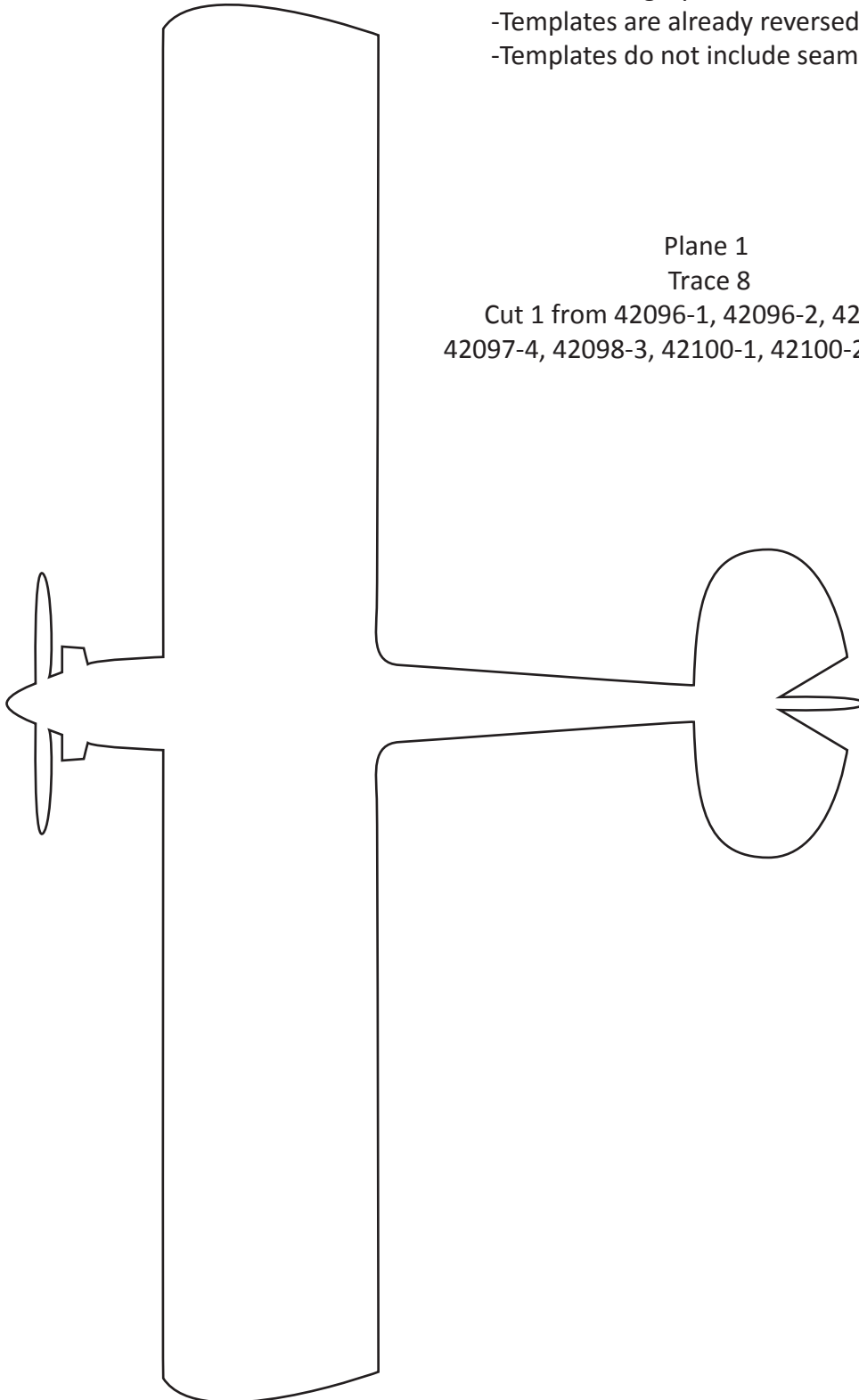
-Templates are already reversed for tracing onto fusible web

-Templates do not include seam allowance

Plane 1

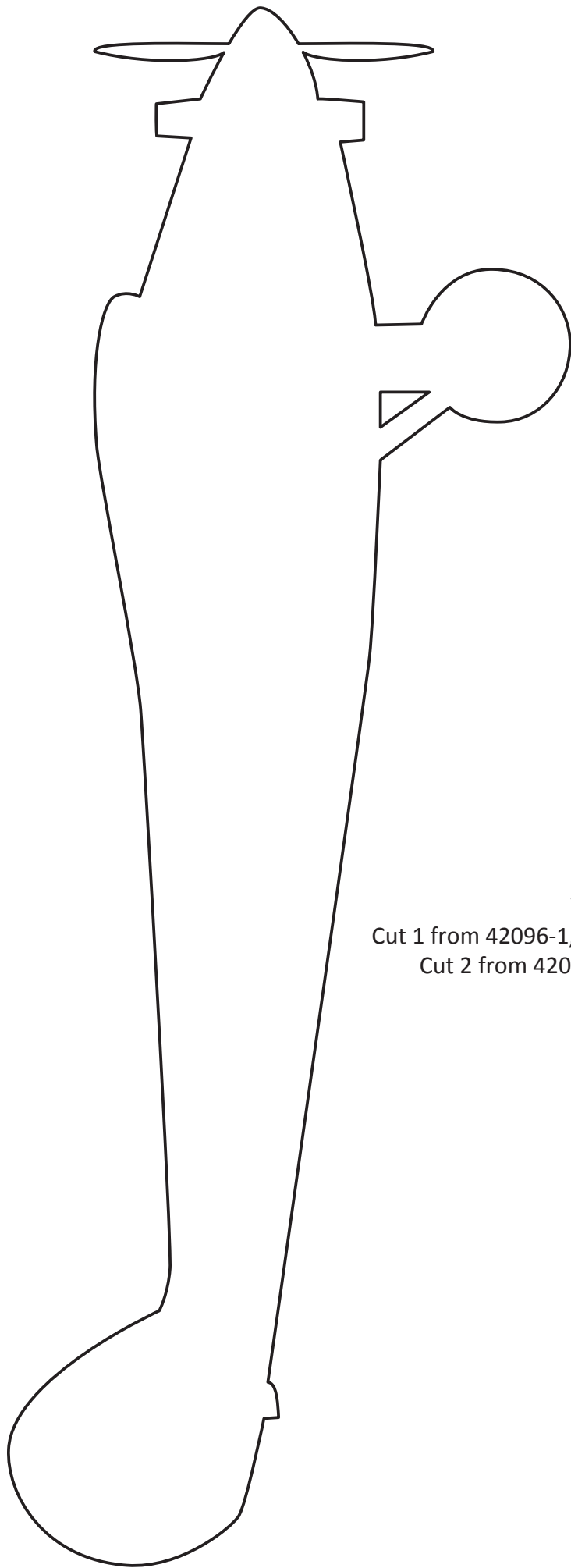
Trace 8

Cut 1 from 42096-1, 42096-2, 42097-3,
42097-4, 42098-3, 42100-1, 42100-2, 42100-X



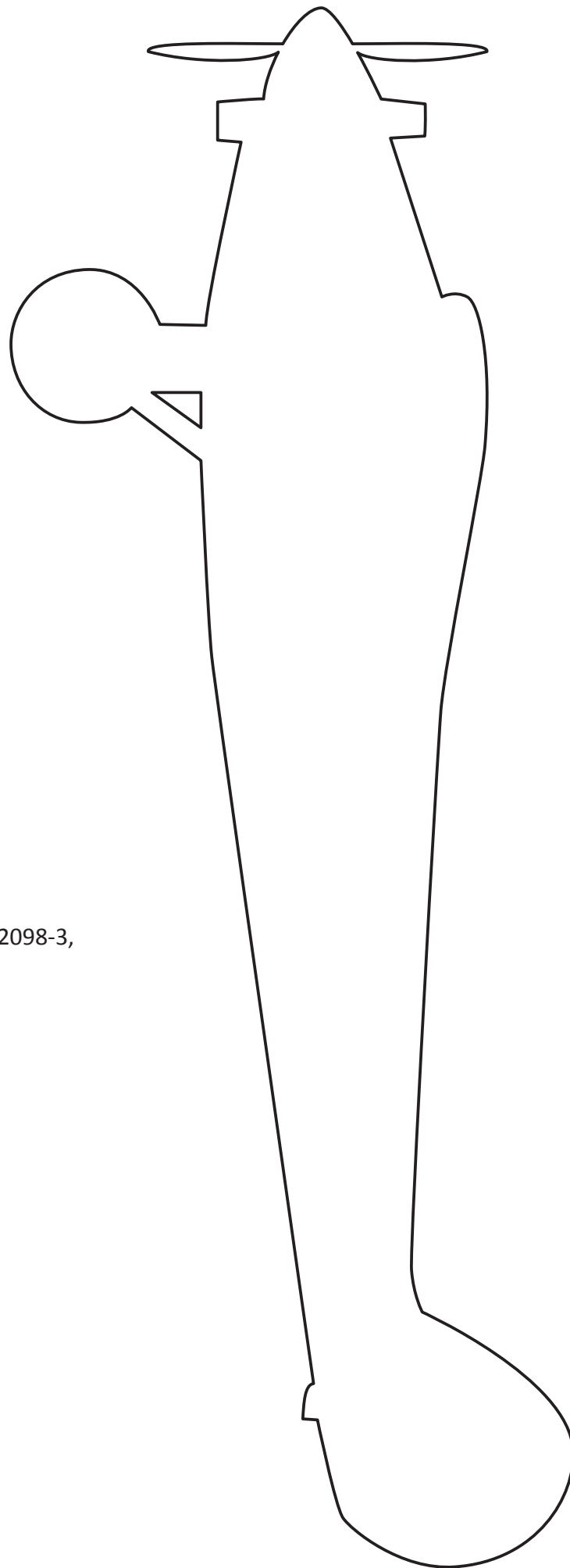
8.5"

1" X 1"



Plane 2
Trace 10
Cut 1 from 42096-1, 42097-4, 42098-3, 42100-2
Cut 2 from 42096-2, 42097-3, 42098-4





Plane 3
Trace 4
Cut 1 from 42096-1, 42097-4, 42098-3,
42100-2



1" X 1"